



# James P. Thomas, M.D. | **voicedoctor.net**

Physician & Surgeon – Practice Limited to Laryngology

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## Specializing In:

### Disorders of:

- hoarseness
- breathing
- swallowing
- singers
- actors
- speakers

### Procedures of:

- diagnostic stroboscopy
- digital laryngeal imaging
- laryngeal injections
- laser treatments
- vocal cord augmentation
- microlaryngoscopy
- nerve grafting
- vocal pitch surgery
- laser tumor resection

## PARQ (Procedure, Alternatives, Risks & Questions) conference

**Procedure: FEMINIZATION LARYNGOPLASTY** (including Thyrohyoid Elevation)

**Anesthesia:** General

**Time:** 2 hours

**Alternatives:** A brief listing of alternatives might include speech therapy, laser reduction of the vocal cords, cricothyroid approximation, or living with the problem. There is a more extensive explanation of the procedure, alternatives, and risks available in print from the office and at [http://www.voicedoctor.net/surgery/fem\\_lar.html](http://www.voicedoctor.net/surgery/fem_lar.html) & <http://www.voicedoctor.net/surgery/consentform/surgconsent.html> on the internet.

**Risks:** Anesthesia risk, breathing problems, tracheostomy, bleeding, infection, sub-optimal results  
Feminization Laryngoplasty (which includes Thyrohyoid Elevation) consists of removing a portion of the voicebox (thyroid cartilage). The vocal cords are shortened and tightened. The main risk of surgery includes, but is not limited to, a reaction to anesthesia, which is uncommon but can be life threatening. The procedure will cause temporary swelling of the vocal folds. Bleeding or infection are possible anytime an incision is placed into the skin. Results with surgery cannot be guaranteed and a sub-optimal result consisting of a weak voice or a soft voice is possible.

Students may be involved in observing or assisting with the procedures described above. Their name(s) is/are \_\_\_\_\_ . They may be involved in holding retractors or placing a suture if appropriate for their level of training.

### Questions:

Dr. Thomas explained all of the above to me. I have had the opportunity to view the extensive explanation on the voicedoctor.net website. My questions have been answered to my satisfaction. I consent to the procedure.

\_\_\_\_\_  
Patient signature \_\_\_\_\_:\_\_\_\_\_  
Time \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness signature

\_\_\_\_\_  
James P. Thomas, MD

**Vital Signs:** BP \_\_\_\_ / \_\_\_\_ P \_\_\_\_ R \_\_\_\_

**Chest:** clear crackles

**Heart:** regular irregular

## Feminization Laryngoplasty (including Thyrohyoid Elevation)

Name: \_\_\_\_\_

DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_